



New Hampshire/Vermont
Chapter



SHM New Hampshire/ Vermont Chapter

Inaugural Green Mountain Winter Conference

March 22-24, 2024

Stratton Mountain Resort

5 Village Lodge Rd.

Stratton Mountain, Vermont 05155

A three-day collaborative conference



Register Online

[Click here](#) or scan QR code

Early-Bird SHM Member Rate (before 2/14/2024)	\$350
Regular SHM Member Rate (after 2/14/2024)	\$450
Early-Bird Non-Member Rate (before 2/14/2024)	\$550
Regular Non-Member Rate (after 2/14/2024)	\$650
NP/PA SHM Member Rate	\$200
NP/PA Non-Member Rate	\$300
Resident and Student Rate	\$100

Cancellation/Refund Policy/Disclaimer:

Notice of registration cancellation for the SHM NH/VT Chapter Winter Conference must be made in writing via email to chapters@hospitalmedicine.org. The email date will determine your eligible refund amount.

- **Prior to January 31, 2024: Full refund less \$50 administrative fee**
- **Between February 1 - March 8, 2024: Full refund less \$100 administrative fee**
- **After March 8, 2024: No refund**

Day One

Friday, March 22

5:00 - 8:00 p.m.

Day Two

Saturday, March 23

7:00 a.m. - 8:00 p.m.

Day Three

Sunday, March 24

7:00 - 11:30 a.m.

Course Description

This three-day conference will feature a number of educational courses on relevant topics in hospital medicine along with a Point-of-Care Ultrasound Skills workshop. In addition to educational courses, there will be a number of opportunities to network with colleagues and built-in free time to enjoy skiing and other resort activities. This is a great opportunity for all hospitalists in the Northeast to join together for education, networking, and fun.

Hospital medicine physicians and associate providers are encouraged to join for the opportunity to learn the latest in opioid stewardship, heart failure management, quality improvement, POCUS, and more. The course objective is to help hospitalists provide better care and improve patient outcomes.

CME

The Society of Hospital Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The Society of Hospital Medicine designates this in-person activity for a maximum of 9.25 *AMA PRA Category 1 Credit TM*. Physicians should claim only credit commensurate with the extent of their participation in the activity.

The faculty and planners of these activities have no relevant relationships to disclose. All relevant relationships were mitigated prior to the start of this activity.

Course Schedule

Friday, March 22

5:00 - 8:00 p.m.

5:00 - 7:00 p.m.

Registration & Welcome Reception

7:00 - 7:15 p.m.

Opening Remarks & Introductions

B. Justin Krawitt, MD, MHCDS -
President, SHM NH/VT Chapter

7:15 - 8:00 p.m.

Optimizing Utilization of Home Infusion

Melissa Borrows, RN

Overview of home IV and nutrition services with opportunities to transition patients home more efficiently. Discussion on options of home starts to reduce LOS, admissions, and readmissions.

Saturday, March 23

7:00 a.m. - 8:00 p.m.

Day 2

Morning Session

7:00 - 7:30 a.m.

Registration & Breakfast

7:30 - 8:15 a.m.

Accelerating Diuresis and GDMT of CHF Patients (Strong-HF & Rapid Diuresis) in a Scalable Manner

Fred Amell, MD

Slow inpatient diuresis is associated with avoidable morbidity/mortality, high LOS, and costs. Often patients are discharged in hypervolemic states and a small minority are titrated to GDMT within two weeks of discharge contributing to readmission. Many rapid diuresis programs are limited by reliable volume indicators and GDMT uptake programs. This contributes to worse outcomes and extended patient stays. This discussion will be on scalable solutions to overcome these barriers by safely accelerating diuresis and GDMT of CHF patients.

8:15 - 9:00 a.m.

Hospital Medicine and Quality Improvement

Ebrahim Barkoudah, MD, MPH, FACP, SFHM

This is a comprehensive discourse that explores the integral role of quality improvement initiatives in hospital medicine. It delves into the strategies, tools, and resources employed to enhance patient safety, clinical outcomes, and patient satisfaction. The talk underscores the importance of data-driven methods and problem-solving mechanisms in fostering a culture of continuous improvement and excellence in the era of value-based care.

Course Schedule

9:00 - 9:15 a.m.

Break

9:15 - 10:00 a.m.

Hospitalists as Physician Advisors

B. Justin Krawitt, MD, MHCDS

Presentation on the value proposition of hospitalists as physician advisors and the impact on quality, revenue, and reputation.

10:00 - 10:45 a.m.

Keynote Address

Eric E. Howell, MD, MHM, CEO of SHM

Registrants will have the option to participate in a Point-of-Care Ultrasound Skills session from 12:15 - 3:45 p.m. for an additional fee. Space is limited to the first 15 registrants. Registration for the Skills session is required and can be added during the checkout process.

Day 2

Evening Session

4:00 - 6:00 p.m.

Evening Reception

6:05 - 6:15 p.m.

Evening Program Introduction

B. Justin Krawitt, MD, MHCDS

6:15 - 7:00 p.m.

**Parenteral Opioids for Pain in the Hospital:
A Rational Approach to a New Standard of Practice**

Adam Ackerman, MD

Dr. Ackerman will discuss inpatient opioid prescribing practices, with a review of typically used parenteral opioids, particular challenges to opioid prescribing for inpatients, and moving toward a new inpatient opioid standard of practice favoring the utilization of the oral and subcutaneous routes of administration.

7:00 - 7:30 p.m.

POCUS on the Wards - Patient Care and the Business Case

David Haughey, MD and Vikram Venkata, MD

Utilization of POCUS during hospital medicine rounding and real case examples. POCUS from a community hospital perspective.

7:30 - 8:00 p.m.

COPD Management

Jeffrey Munson, MD

Managing respiratory failure in hospitalized patients with a diagnosis of COPD, including when to consider alternative diagnoses, the role of antibiotics and steroids in management, and the use of non-invasive ventilation. It will also include a discussion of when to involve critical care services in the support of these patients and the role of invasive mechanical ventilation.

Course Schedule

Sunday, March 24

7:00 - 11:30 a.m.

Day 3

Morning Session

7:00 - 8:00 a.m.

Breakfast

8:00 - 8:30 a.m.

What the -mib or -mab is that?

Ryan Ratts, MD

A review of emerging trends in immunotherapy for the hospitalist that recognizes the challenge in keeping up with an exponential increase in the different types of immunotherapies. Will focus on a practical approach to understanding the different methodologies, and the impact on your hospitalist practice with an emphasis on management of adverse effects.

8:30 - 9:15 a.m.

Pancreatitis for the Hospitalist

Timothy Gardner, MD

Review of inpatient strategies for managing pancreatitis including initial assessment, treatment, and frequent pitfalls. The talk will focus on new data in regard to fluid management, pharmacologic therapies on the horizon, and endoscopic management of complications.

9:15 - 9:45 a.m.

Trending Numbers in the Hospital: When is a Change Real?

Brian P. Lucas, MD

Hospitalists need to interpret lots of clinical measurements to make informed decisions: Has the white blood cell count increased? Is the weight dropping? An understanding of imprecision is essential when 'trending' clinical measurements because naturally occurring variability is unavoidable. This lecture will discuss the nature of measurement errors and will offer a practical guide to estimate if changes between serial measurements reflect true changes or mere fluctuations based on analytical or biological variation.

10:00 - 10:15 a.m.

Closing Remarks

SHM NH/VT Chapter Leadership Team

10:15 - 11:30 a.m.

Coffee, Networking, and Adjournment

Empowering Hospitalists.
Transforming patient care.

shm[®]
Society of Hospital Medicine